Please check off any of the following symptoms that you have ever had. Use the following marks:

+ I have this symptom often. **√** I have this symptom sometimes.

Place parentheses **( )** around **+** or **√** if it was in the past, and no longer an issue.

__lack of appetite
__loose stools/diarrhea
__bloating/distension in the stomach
__flatulence
__colitis or diverticulitis
__constipation
__hemorrhoids
__fatigue
__sweet taste in mouth
__tendency to become obsessive (in relationships, etc)
__easily bruised
__difficult to stop bleeding
__indigestion
__heartburn/reflux
__burping/belching
__vomiting
__stomach pains
__noisy stomach
__constant hunger
__bleeding or swollen painful gums
__bad breath
__insomnia/difficulty sleeping
__palpitations
__dream-disturbed sleep/nightmares
__anxiety/mental restlessness
__laughing for no reason
__chest pain/angina
__mouth or tongue sores
__pain radiating to left arm or shoulder
__spontaneous sweating
__shortness of breath (SOB) on exertion
__SOB upon resting
__propensity for catching colds
__cough
__weak voice
__dislike of speaking
__hoarse voice
__stuffy nose
__runny nose
__decreased sense of smell
__skin problems
__bronchitis
__intolerance to weather changes
__allergies/hay fever
__asthma
__swollen face
__pain under the rib cage
__frequent sighing
__frequent hiccups
__moodiness
__tendency to anger easily
__irritability
__excessive sex drive
__alternating loose stools & constipation
__feeling of a lump in the throat
__pain/coldness in genital area
__blurred vision
__"floaters" in the eyes
__muscle twitching/spasm
__numbness/tingling of limbs
__paralysis
__dry skin
__brittle nails
__pale lips
__difficulty digesting fats
__lack of courage
__lack of initiative
__difficulty making decisions
__timidity
__gallstones
__jaundice
__light-colored stool
__low back pain
__knee pain
__weak legs
__hearing impairment
__ear ringing/tinnitus
__kidney stones
__low/decreased sex drive
__hair loss
__frequent urination
__frequent urination at night
__painful urination
__difficulty urinating
__incontinence
__difficulty inhaling
__edema of the legs
__tendency toward fear
__sciatic pain
__dislike of cold
__cold hands & feet
__whole body cold
__whole body hot
__dark yellow urine
__bitter taste in mouth
__dry throat/mouth
__thirst & desire to drink
__blood in stool
__vomiting blood
__burning sensation in anus
__nosebleeds
__fever
__convulsions
__sweating at night
__feeling of heat in the afternoon
__palms, feet, & chest hot
__flushed cheeks
__uneasiness/fidgetiness
__dry mouth/throat at night
__thirst w/no desire to drink
__head feels "muzzy"
__feeling of heavy limbs
__body aches
__lack of taste
__feeling full after eating
__phlegm in throat
__sudden weight loss

WOMEN:
__PMS
__breast distension
__vaginal discharge
__vaginal itching
__lack of period
__infertility

MEN:
__pain/swelling of scrotum
__impotence
__premature ejaculation
__BPH